



Your emergency care summary

Summary Care Record helps Adrian manage his care

Adrian Ball lives in South Birmingham and was diagnosed with Multiple Sclerosis (MS) in his early twenties.

Adrian is a Volunteer Tutor with the Expert Patient Programme. The programme aims to provide tools for patients on improving how they manage living with their long-term health conditions.

"I wish I had a Summary Care Record when I was first diagnosed with MS, I feel it would have given me confidence and ownership of my illness.

"I remember having to write notes on paper so, if I became ill I had a record of the medication I had been taking and I could then hand the paper to doctors when I went to hospital. Having a Summary Care Record means that I will not have to do this anymore.



"When I go and see a doctor I'm usually very ill, in a lot of pain and not making that much sense," explained Adrian.

"Having a Summary Care Record there in the background will mean that the doctor will have some information about the medication I am taking, my allergies and any adverse reactions I have had."

"Patients want to take more control over how they are treated when they visit their doctor," commented Adrian.

"If they are ill they want to know what their treatment options are and what the side effects might be, instead of the doctor just telling them what to do."



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“I think Summary Care Records are going to be the first step in giving the patient that open dialogue with their GP.”

A Summary Care Record is an electronic record that will give healthcare staff faster, easier access to essential information about you, to help provide you with safe treatment when you need care in an emergency or when your GP practice is closed.

It will contain important information about any medicines you are taking, allergies you suffer from and any bad reactions to medicines you have had.

You may wish to add other details about your care to your Summary Care Record. This will only happen if you ask for the information to be included.

Healthcare staff who can see your Summary Care Record need to be directly involved in caring for you, will need to have a Smartcard with a chip and passcode (like a bank card and PIN), will only see the information they need to do their job and will have their details recorded.

Healthcare staff will ask your permission every time they need to look at your Summary Care Record.

Patients will be told about Summary Care Records before they are made so they have time to think about their choices.

To find out more about Summary Care Records:

- Visit www.nhscarerecords.nhs.uk
- Contact your local Patient Advice and Liaison Service (PALS) www.pals.nhs.uk
- Phone the Summary Care Record Information Line on **0300 123 3020**

NHS Connecting for Health is supporting the NHS to introduce national applications and services such as the Summary Care Record. These will help the NHS deliver better care for patients.